

## Julie's Unscrabble Psychobabble Series Mind in Service to Heart

There may be a number of reasons why you might need extra academic support: the re-constellation of old scripts from school or early life; theory touching in with your own inner processes; the need to learn new skills or refresh and update old ones; or perhaps it's just been a while since you have studied. Whatever the reason my Unscrabble Psychobabble Series aims to help you address your blocks and struggles, supporting you to find practical ways to move forward.

Unscrabble Psychobabble is a collection of study groups, workshops and tutorials. These learning forums can help you navigate your way through your assignments and help you consolidate your understanding of the different theoretical concepts you have been studying.

You can book tutorials, join a study group and/or attend workshops. You can choose to participate in all, or just some of these learning spaces. You choose what would support you best with the assignment you need to write or to help you ground and consolidate your learning of theory and linking the relevance to practice.

## One to One Tutorials

Tutorials can help you integrate what you are learning at a deeper level. Designed to help you move forward in your writing and clinical understanding of practice. Tailored to your needs, you bring what you want to explore. Tutorials can help you with:

- Incorporating creativity into learning
- Understanding the theory you have learnt from your lectures.
- Linking theory to practice
- Improving your capacity to be a reflexive practitioner
- Understanding unconscious communication in practice and during the process of writing your assignments
- Essay structure / sculpting
- Understanding what you are being asked to do. How to answer the essay question
- Becoming your own internal marker
- Getting through the blocks
- Writing & reading critically
- Effective note taking for theory
- Referencing
- Time management and assignment planning
- Participating in transformational education

Available to Foundation, Diploma, and MA & MScs level students. Face to face, Skype or Vsee.  
£65 per session. 50 minutes sessions.

## Workshops

### June & July 2018 Workshops

**Friday 22<sup>nd</sup> June**

**3pm – 4.50pm £25 per person.**

#### **Writing for the Terrified**

Skills refresher – revision. Closed Workshop for CCPE students only.  
**All years Foundation and Diploma.**

**Wednesday 27<sup>th</sup> June**

**10am – 1.50pm. £40 per person**

#### **How to facilitate a group via an ethical lens. Project Ethics.**

Useful revision & preparation for CCPE Students in their 4<sup>th</sup> 5<sup>th</sup> & 6<sup>th</sup> years preparing for their project weekend

**Thursday 12<sup>th</sup> July 9.05am-10.55.am**

**£25 per person**

#### **Typology Revision**

Whistle-stop revision on the three models. Closed workshop for CCPE First Year Students only – useful for essay preparation.

**Thursday 12<sup>th</sup> July**

**5.00pm – 6.50pm £25 per person**

#### **Typology Revision**

Whistle-stop revision on the three models. Closed workshop for CCPE First Year Students only – useful for essay preparation.

All workshops: Minimum of 10 maximum of 25 attending.  
Dates subject to change.

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# Study Groups

Study groups are an ideal and cost effective way to gain additional academic support.

## How a study group works:

- Maximum of 5 and a minimum of 4 to attend.
- Each study group receives 220 minutes of tutorial time which is divided into 2 x 110 minute sessions approximately 4 weeks apart. **When you book into a group you remain with that group for both sessions.**
- Available to all years. Students from the same year works best. However a combined group of 5th and 6<sup>th</sup> students works well as you are all working towards completion.
- Students can select their own group members or you can contact me directly and I will book you into an available group.
- Group content can be tailored to the whole group or to each individual group member's need.
- **Fees:** If 5 people attend the group the fee per person is £100. If 4 people attend the group the fee per person is £125. Payments are non-refundable payable directly to Julie in full 10 days in advance.

## How a study group can help you:

- Incorporating creativity into learning
- Understanding and consolidating the theory you are learning in your lectures
- Linking theory to practice
- Improving your capacity to be a reflexive practitioner
- Understanding unconscious communication in practice and during the process of writing your assignments
- Essay structure / sculpting
- Understanding what you are being asked to do. How to answer the essay question
- How to write a self reflection essay
- Becoming your own internal marker
- Getting through the blocks
- Writing & reading critically
- Effective note taking for theory
- Referencing
- Time management and assignment planning
- Participating in transformational education

## Study Groups for June & July

### Study Group A

Tuesday 19<sup>th</sup> June & Tuesday 17<sup>th</sup> July  
Both at 10.00am - 11.50am

### Study Group B

Wednesday 13<sup>th</sup> June & Wednesday 11<sup>th</sup> July  
Both 10am – 11.50am

### Study Group C

Wednesday 13<sup>th</sup> June & Wednesday 11<sup>th</sup> July  
Both 4pm - 5.50pm

### Study Group D

Monday 18<sup>th</sup> June & Monday 16<sup>th</sup> July  
Both at 7.00pm - 8.50pm

### Study Group E

Tuesday 19<sup>th</sup> June & Tuesday 17<sup>th</sup> July  
Both at 5.00pm - 6.50pm.

**If you have put together your own group and a date and time that suits is not listed above, contact me and I will aim to schedule a time in for you.**

**(Dates may be subject to change)**

## About Julie



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## Director of Professional & Academic Studies

UKCP Psychotherapist

Recognised Supervisor & Training Supervisor

MA., Dip.Psych., Advanced Dip.Psych., Dip. Couples., Dip. Supervision.

Completing doctoral studies on the experiences of partners of CSA survivors at the University of Bristol.